

THE FITNESS FACTORY

30-DAY STEP CHALLENGE

January 1-30, 2018

Sign up by December 20th,
join the challenge
for \$30

Registration after
December 20th: \$35.



The challenge:

1. Track 10,000 steps
2. Submit a snapshot of your progress
3. Repeat every day to win!

More participants =
**BIGGER CASH
PRIZE \$\$\$**

Winnings are split between every
participant that successfully tracks at
least 10,000 steps every day
of the challenge

(\$15 of every registration goes toward winnings)

Pedometer Activity Trackers

Available for purchase at
The Fitness Factory

(Models may vary)



- Improve your mood and energy levels!
- Lose weight and increase your metabolism!
- Increase your activity by tracking your steps and movement!
- No membership required

Sign up today at fitnessfactorynh.com

401 Main Street / Unit #109
Salem, NH
(603) 458-2599
fitnessfactorynh.com

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